

**INGREDIENTS**

🌿 4 SERVINGS

🕒 10 MIN

1 pack Garden Gourmet Falafel balls  
1 red onion  
2 snack cucumbers  
1 bag of lamb's lettuce  
1 lime  
200g green hummus (ready-made or homemade)  
1tbsp Za-atar

Crispy falafel, fresh veggies, and creamy green hummus. This recipe is a delicious plant-based delight.

**PREPARATION****1. Fry the Falafel**

Peel and halve the onion and cut the halves into thin wedges or half rings. Sprinkle them generously with lime juice and let them marinate for a while. Fry the Falafel according to instructions on the packet.

**2. Serve and enjoy!**

Slice the cucumbers and cut the cucumber into slices. Spoon a thick layer of hummus over a plate. Spread some lamb's lettuce on top and then the falafel balls. Garnish with cucumber slices, red onion, mint and sprinkle with za-atar.

**CULINARY TIP****Delicious with**

Coarsely chopped mint sprinkled on top and serve with flat bread or pita bread

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